

HOW TO PRINT:

While printing on an 8.5x11 inch piece of paper, choose the option in print range for page 2 of 2 and print as many copies as you like, then trim along the grey lines for your sharable cards. Feel free to also bring or send this file to your favourite print shop with these instructions

A FEW OTHER THINGS:

This art has been professionally designed by Petite Lemon and is for personal use only. Please do not alter the art in any way or use it for any commercial purpose.

Most importantly, we can't wait to see how you decorate with your printable! Share on instagram, tagged with #petitelemon.



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 TAKE quiet TIME FOR YOUP SELF
SET Boundaries
Hit snooze!
Do WHAT'S Best FOR You

5. GET A Second Helping



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4. Do WHAT'S Best FOR YOU 5. GET A Second Helping